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RESOLUTION NO. 2-2025

INTRODUCED BY: COUNCILMAN DUFOUR, C/W and Mayor Orcutt

A RESOLUTION SUPPORTING PARTICIPATION IN FREE QUESTION, PERSUADE, REFER (QPR) SUICIDE PREVENTION TRAINING OFFERED BY THE ALCOHOL, DRUG ADDICTION, AND MENTAL HEALTH SERVICES (ADAMHS) BOARD OF CUYAHOGA COUNTY AND DECLARING AN EMERGENCY

WHEREAS, suicide is a leading cause of preventable death and has a significant impact on individuals, families, and the community as a whole; and

WHEREAS, 90% of people in a suicidal crisis will give some kind of warning to those around them, and nearly half of individuals who die by suicide visit their primary care physician within one month of their death; and

WHEREAS, the Alcohol, Drug Addiction, and Mental Health Services (ADAMHS) Board of Cuyahoga County, with support from The Academy of Medicine of Cleveland & Northern Ohio and a grant from the Margaret Clark Morgan Foundation, is offering free Question, Persuade, Refer (QPR) Training to healthcare workers, community gatekeepers, and any individuals who may be in a position to recognize a crisis and warning signs of suicidal behavior; and

WHEREAS, QPR Training teaches three simple steps — Question, Persuade, and Refer — that anyone can learn to help save a life from suicide, much like CPR or the Heimlich Maneuver; and

WHEREAS, the goal of QPR Training is to reduce the stigma associated with mental illness, increase awareness of mental health crises, and prevent suicide deaths by empowering community members to act swiftly and effectively; and

WHEREAS, the ADAMHS Board will provide a certified QPR Instructor, free of charge, for one to two-hour training sessions, which can be held in person at a workplace or community space, or delivered virtually, thereby making the training widely accessible to residents, businesses, and organizations throughout Cuyahoga County.

MAR 06 2025

BROOK PARK CITY COUNCIL

## NOW, THEREFORE, BE IT RESOLVED BY THE COUNCIL OF THE CITY OF BROOK PARK, OHIO, THAT:

**SECTION 1:** The City Council of the City of Brook Park hereby expresses its support for the Question, Persuade, Refer (QPR) Suicide Prevention Training offered by the ADAMHS Board of Cuyahoga County and encourages participation by City employees, members of the business community, and the general public.

SECTION 2: The City Council of Brook Park recognizes that mental health is critical to the overall well-being of individuals and families in Brook Park, and that participation in QPR Training can help reduce the incidence of suicide and the stigma surrounding mental health issues.

SECTION 3: The City Council of Brook Park encourages community organizations, schools, local businesses, and healthcare providers to partner with the ADAMHS Board to host and participate in QPR Training sessions. To schedule a training, interested parties can visit adamhscc.org or call (216) 241-3400.

SECTION 4: It is found and determined that all formal actions of this Council concerning and relating to this Resolution were adopted in an open meeting of this Council, and that all deliberations of this Council and of any of its committees that resulted in such formal actions were in meetings open to the public in compliance with all legal requirements, including Section 121.22 of the Ohio Revised Code.

This Resolution is hereby declared to be an emergency measure SECTION 5: immediately necessary for the preservation of the public peace, health, safety and welfare of said City, and for the further reason to support participation in QPR suicide prevention training, and provided that that this Resolution receives the affirmative vote of at least five (5) members elected to Council, it shall take effect and be in force immediately upon its passage and approval by the Mayor; otherwise, from and after the earliest period allowed by law.

Clerk of Council

I HEREBY APPROVE THE WITHIN INSTRUMENT AS TO LEGAL PORM

DIRECTOR OF LAW

CERTIFICATE

Carol Johnson, Clerk of Council, of the City of Brook Park, Ohlo, do hereby certify that the foregoing is a true and accurate copy of Ordinance Resolution

No. 2-2025

passed on the day of Mourch

by said council.

Clerk of Council

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